
















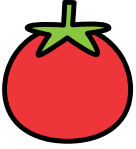



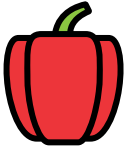
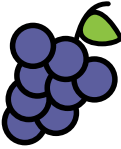









# KID REWARDS PROGRAM



## SMALL CHANGES MAKE A BIG DIFFERENCE.

Giving your kids a little extra encouragement can help make healthy food choices fun and easy. For every five healthy items they eat or drink, reward them with a fun activity you can do together, like going to the park or pool or doing an art project. You can hang this on your fridge or keep it in your bag to help you keep track. Don't forget to share photos of your activities with **#YoureTheMom!**

					<b>PICK AN ACTIVITY</b>
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